

## What Eno does

Eno provides effective relief from indigestion, flatulence and nausea. Eno contains three active ingredients sodium bicarbonate, citric acid and anhydrous sodium carbonate which react in a glass of water to produce a formula that neutralises stomach acid, bringing the system back to normal.

## Check before you take Eno

Do not take Eno:

- if you have ever had an allergic reaction to sodium bicarbonate, sodium carbonate, citric acid, or any other ingredient in this product.
- if you are on a controlled sodium diet. Each 5 g dose contains 0.85 g of sodium
- if you have any liver or kidney problems
- for more than 14 days
- if you are under 12 years unless your doctor tells you to.

Talk to your doctor:

- if your symptoms persist or worsen
- if you are pregnant or breast feeding
- if you are taking other medicines.



 GlaxoSmithKline

The marketing authorisation holder is GlaxoSmithKline Consumer Healthcare, Brentford, TW8 9GS, U.K. and all enquiries should be sent to this address.

The manufacturer is SmithKline Beecham SA, 28806 Alcala de Henares, Madrid, Spain.

This information was last revised in January 2012

ENO is a registered trade mark of the GlaxoSmithKline group of companies.

150 g

## How to take Eno

Dissolve the powder in a glass of water before taking it. Adults and children 12 years and over: Take 5 g (one 5 ml spoonful) in a glass of water. Use when symptoms occur. A second dose may be taken after 2-3 hours. Do not take the second dose less than 2 hours after the first dose. Do not take more than two times a day. Do not exceed the stated dose.

## Possible side effects

Like all medicines, Eno can have side effects, but not everyone gets them. Stomach irritations causing wind or bloating can occur. In the event of overdose seek medical advice. If you do get any side effects, tell your doctor or pharmacist.

## How to store Eno

Keep out of the reach and sight of children. Do not use this medicine after the 'EXP' date shown on the pack.

## Further information

Active ingredient Each 5 g of Eno powder contains Sodium Bicarbonate 2.32 g, Citric Acid 2.18 g and Anhydrous Sodium Carbonate 0.50 g. This pack contains 150 g.

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# ENO

FAST REFRESHING RELIEF  
FROM STOMACH UPSET

150 g